

Aging

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No. 23 -- May 1956

President Eisenhower Establishes a Federal Council on Aging

In March 1955, on the initiative of the Departments of Health, Education, and Welfare and of Labor, an Interdepartmental Working Group on Aging was set up within the Federal Government.

With a membership drawn from 10 Departments or agencies having programs related to aging, this Group set to work to explore the scope of Federal activities and responsibility in the aging field, to coordinate present programs, and to develop a broader range of Federal activities.

Now, after a year of experimental operation of the Working Group, the President has established on a broader and more permanent basis the Federal Council on Aging. Its function, according to the President's statement, will be to review existing programs within the Government in the light of emerging needs, and make recommendations to the appropriate departments and agencies as to emphases, priorities and provisions for unmet needs.

"The marked rise in the number of older persons in our population has a continuing and fundamental impact on our society," the President said. "Scientific advances in the field of health and the increased productivity of farms and factories have brought the blessings of long life and prosperity to the American people as a whole. The added years which most of our population can expect should be years of health, usefulness and contentment for the individual, and a source of strength to the Nation.

"In considering the changed circumstances presented by the lengthening life span, we must recognize older persons as individuals--not a class--and their wide differences in needs, desires, and capacities. The great majority

of older persons are capable of continuing their self-sufficiency and usefulness to the community if given the opportunity. Our task is to help in assuring that these opportunities are provided."

The President listed the following areas in which emphasis for improvement should be placed: preservation of physical and mental health, and rehabilitation; income maintenance; employment and retirement; housing, living arrangements and family relationships; education, civic participation, and recreation.

He emphasized that within these fields lay "new opportunities and responsibilities for greater participation by all our social institutions--secular and religious organizations, and local, State, and Federal Government."

Membership in the Council will include individuals designated by the Secretaries of the Department of Health, Education, and Welfare, Labor, Commerce, Interior, Agriculture, Treasury, the Housing and Home Finance Administrator, the Administrator of Veterans' Affairs, the Chairman of the U. S. Civil Service Commission, the Director of the Office of Defense Mobilization, the Director of the National Science Foundation, the Administrator of the Small Business Administration.

The Secretariat of the Council is provided by the Department of Health, Education, and Welfare.

The action followed an interchange of letters with Senator H. Alexander Smith of New Jersey, Minority Leader of the Senate Education and Labor Committee, in which the President announced his intention of establishing the Council and attached a document summarizing recent and proposed actions of the Federal Government affecting older persons.

(Note: a pamphlet containing this document and also the President's statement may be had by writing to the Committee on Aging, Dept. of Health, Education, and Welfare, Washington 25, D. C.)

Among the several projects currently being undertaken by the Council is the co-sponsorship, with the Council of State Governments, of a Federal and State Conference on Aging to be held in Washington early in June. (see page 4)

The North Carolina Program for Licensed Boarding Homes

North Carolina has always been in the forefront in the development of a boarding home program for older people. Now the results of ten years experience in this area of need is reported by the State Board of Public Welfare under the title "Residents of North Carolina's Licensed Homes for Adults--a Survey".

Written by Annie May Pemberton, Supervisor of services to the aged, and Robert Mugge, director of research and statistics, the survey constitutes a noteworthy record of progress.

Through the cooperation of county departments of public welfare over the State reports were obtained on 100 per cent of the boarding home residents in September 1954. There were at that time 2,580 persons living in the 245 licensed homes. Fifty-six per cent of the homes were licensed for fewer than ten residents, but these homes had only 21 per cent of the total capacity of all homes. The residents ranged in age from two incapacitated persons only 18 years old to two individuals who had lived more than a century. Eighty per cent were 65 and over; the median age for all residents was 75.3 years.

Some other characteristics of the residents: Sixty-nine per cent were women, 31 per cent men. Eighty-six per cent were white and 14 per cent Negro. Residents ranged in educational attainment from no schooling to college graduation; the median resident had completed $6\frac{1}{2}$ grades of school. About three-tenths of the residents of both sexes were single. Three-fifths of the women and two-fifths of the men in the homes were widowed. Twenty-five per cent of the men had living wives; only 8 per cent of the women had living husbands. Six per cent of the residents were blind. Of the 94 per cent who were not blind, 22 per cent were bedridden, 34 per cent required considerable care from others, and 38 per cent were able to take care of themselves.

Rates charged by the homes were, for the most part, between \$45 and \$200 per month. The median rate paid by white residents was \$105.54, that paid by Negro residents \$58.37. The survey analysis shows the following sources of funds for paying the boarding home

charges; personal income and resources of the residents, 32.3 per cent; support from children and other relatives, 24.6 per cent; other private sources, 2.4 per cent; Federal-State-county assistance programs, 33.3 per cent; and county and State supplementation of public assistance payments, 7.4 per cent. The State's referral service is operated for all persons in need of domiciliary care--those who are financially independent as well as those requiring public assistance.

An important phase of the State program of services to the aged is the relocation of senile State Hospital patients in licensed boarding homes. It is estimated that over 500 such patients have been placed in the past several years, resulting in improved circumstances for the former patients as well as a net saving to the State of an estimated \$300,000 a year.

The survey report makes strong recommendations for expanding the program until the need is fully met, developing more small family-type homes, finding more homes--especially for Negroes, developing more homes in the smaller cities of the State, maintaining and improving the quality of homes, and increasing community services to the residents of licensed homes.

Copies of the survey may be had by writing to the Board at Raleigh, N. C.

Rehabilitating the Elderly Senile in a Kansas State Mental Hospital

An experiment in the rehabilitation of elderly senile patients is going forward which is astonishing even the most seasoned psychiatrists, according to a story in the March 11 issue of the *Kansas City Star*.

A year and a half or so ago, Dr. Kurt Wolff was put in charge of the Osawatomie state mental hospital's new geriatrics building and its 220 patients. Some 98 percent were over 65 years of age, a great number were in their 70's or 80's, and many were ill, crippled or otherwise incapacitated.

Dr. Wolff introduced a number of imaginative techniques that bring men and women together in occupational therapy and group psychotherapy. The companionship of the other sex, he found, appears to facilitate recovery in an atmosphere of home life.

In the first year 47 of the 220 patients were sufficiently rehabilitated to be dismissed and sent home, and the indications are that during the current year the number will reach 80. The present goal is a turnover of 10 or 12 a month.

Dr. Karl Menninger, of the Menninger Foundation in Topeka is reported as highly excited over the results. And Dr. J. E. C. Morton, clinical director of the hospital believes Dr.

(Continued on p. 4)

The Age Center of New England

by Hugh Cabot, Executive Director

(NOTE: Mr. Cabot is an authority on human relations at Harvard University)

The search for personality, behavioral and physiological factors by which successful aging can be scientifically measured is the vital task which the year-old Age Center of New England is undertaking at its headquarters at 160 Commonwealth Avenue, Boston.

Successful aging, while admittedly and of a necessity a relative matter, is described as the maintenance throughout later years of a balance which is equal to meeting the changes and crises which impinge on the older person's life.

Initial impetus for the new research and service center came from three major sources, all of them concerned with the more or less healthy, socially integrated older people who could be classified neither as ill nor as indigent. Medical men, spearheaded by Dr. Robert T. Monroe, Director of the Pearl Memorial Geriatric Clinic of the Peter Bent Brigham Hospital, were becoming increasingly aware of the limitation of strictly medical advice when many of the problems raised seemed to lie outside the field of medicine. Top management of New England business and industry was alarmed by the limitations of any financial plan alone as a solution for problems confronting the rapidly growing number of older workers suddenly faced with the cessation of a lifetime of productive work. University sociologists and psychologists were equally challenged by the older age group. They were interested in discovering whether their theories and hypotheses were valid when applied to people whose life had progressed in chronological time, or whether entirely new theories needed to be developed. Because well-grounded studies which would allay the concern felt by these major groups were practically non-existent the Age Center of New England came into being a year ago.

Immediately attracting leading industrialists and businessmen to its Board of Trustees and some of the country's outstanding medical men, sociologists and psychologists to its Research Advisory Committee, the Center set for itself a hitherto unattempted task--namely, the development of a sensitive, original system which would simultaneously gather valuable research data and render service to the Age Center members who became affiliates in the project.

From the outset, the position was taken that from the vantage point of later years an individual's life is best understood if it is viewed and discussed in segments. The Cen-

ter's specially trained counselors and interviewers explore with the member, in separate interviews, the health, vocational, avocation, educational, housing, recreational, financial and family aspects of his current and earlier life. This careful review helps the member to re-evaluate his present skills and potentialities and usually leads him into productive community activity. Further, it often reveals to him the consistency with which he has behaved in a certain manner and either strengthens him in this course or makes it possible for him to modify his attitudes in a way which is helpful to him.

The Center's method of work was determined by a recognition that the inescapable fact of aging, with whatever changes it may bring, permeates all of life and invalidates any single prescription or any generalized "advice", however well-intentioned. Its staff consists of twenty paid or volunteer workers, each of them trained in the particular techniques devised and validated by the Center.

The older people who become members of the Center are considered the "authorities" in the field, since without their active participation no new knowledge could be uncovered. Referred to the Center by companies which are financially sponsoring the work, or coming on their own initiative because they have read or heard of it, members share the common desire to help find new answers for and about themselves and their contemporaries. Representing every socio-economic background, the membership consists of 54% men and 46% women. Ages range from 50 to 90 years, with the largest group falling into the 60 to 70-year bracket. Twenty-two per cent of the members are single, 43% married, 33% widowed, and 2% divorced. Thirty-six per cent have no children, 42% have two or less children, and 22% have more than two children. Fourteen per cent of the members are in excellent health, 65% in good health, and 19% in moderately good health.

Twenty-nine per cent of the members are pre-retired and 71% are post-retired. Thirty-nine per cent live in Boston or nearby New England cities, 59% live in the suburbs, and 12% in the country. A breakdown of occupational background shows: Unskilled, 7%; Skilled, 15%; Clerical, 13%; Supervisory, 17%; Executive, 16%; Professional, 25%; Housewives, 7%.

It is interesting to compare the members' degree of financial independence to what it was for them at the age of 60 or ten years prior to their present age. This shows that 8% of them are more independent; for 55% there has been no change, while 37% have a lesser degree of financial independence.

Thirty-one per cent of the members own their own homes, 60% are leasees, and 9% live without cost to themselves.

(Continued on p. 4)

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AGING is a medium for sharing information about programs and activities among agencies and organizations in the field, their staffs and board members and other interested individuals. Communications and items suitable for publication should be sent to Clark Tibbitts, Chairman, Committee on Aging, of the Department, Washington 25, D. C.

Subscription: 50 cents a year for 6 issues, domestic; 15 cents addition for foreign mailing; 10 cents for single copy. Send to Superintendent of Documents, U. S. Government Printing Office, Washington, D. C. The printing of this bulletin has been approved by the Director of the Bureau of the Budget, August 13, 1954.

Social dislocation, a feeling of isolation, a fear of being discarded by family or employer--these are among the common feelings of the wide variety of people who are Age Center members. How they are handling these feelings, together with a study of the myriad personal and highly individualized components of their personality and physical makeup, will become a part of the unique findings of the Age Center of New England in its rich contribution to the understanding of successful aging.

KANSAS--Continued from p. 2

Wolff's experiments can "revolutionize mental hospital methods".

Dr. Wolff plans to present his findings at the American Geriatrics Society meeting in Chicago in May.

For further information write to Dr. Morton at the Hospital, Osawatomie, Kansas.

Don't forget to renew your subscription to Aging promptly. Remember, only one notice of expiration can be sent to subscribers.

Federal and State Conference on Aging Set for June

June 5-7 are the dates set for a Federal and State Conference on Aging to be held in Washington, D. C. under the joint sponsorship of the Federal Council on Aging and the Council of State Governments.

This is the first time since the 1952 Conference of State Commissions and Federal Agencies on Aging that representatives of State Governors or official State groups will have met formally with representatives of the Federal Government to discuss aging problems.

The Conference will be concerned primarily with methods and procedures rather than program contents. Participation will be restricted to a maximum of 3 people from each State appointed by the Governor, a limited number of Federal personnel, together with some 8 or 10 specialists in aging from outside the Government.

Basic objectives of the Conference are:

- (1) To afford States and Federal agencies opportunity to share knowledge and experience--a. as to the nature and impact of aging and b. as to experience gained from programs designed to meet the problems and challenges of aging.
- (2) To enable the States to develop guide lines and principles for administrative, legislative, and community action in meeting further the requirements of their aging populations.
- (3) To help Federal agencies reach better definition of their responsibilities in the field.
- (4) To promote more effective intergovernmental assistance between Federal and State agencies on programs in aging.

Subject areas are: A. Authorization, organization, financing, functions of official State committees or commissions on aging. B. Problems and Programs in Housing and Family Relationships; Employment; Vocational Rehabilitation, and Retirement; Income Maintenance; Education and Recreation; Maintenance of Physical and Mental Health.

Other Conferences to Come

The 9th Annual University of Michigan Conference on Aging will be held July 9-10 in Ann Arbor. Subject is "Health for the Aging--Medical and Social Services". Conference is being planned with the help of the Michigan State Medical Society and other State and National organizations. For information write Dr. Wilma Donahue, Division of Gerontology, 1510 Rackham Bldg, Ann Arbor.

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Galesburg (Ill.) State Research Hospital is holding a forum on aging May 5. Top drawer speakers on psychological, psychological and

sociological aspects are being lined up. Forum follows immediately the meeting of the American Psychiatric Congress in Chicago to enable members to attend both.

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Wisconsin's Governor Kohler is calling a Governor's Conference on the Needs of the Aging Population June 6-8 at the University of Wisconsin, Madison.

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The National Committee on Aging of the National Social Welfare Assembly will meet in Indianapolis May 17-19. Committee address: 345 E. 46th St., New York, N. Y.

The Way the Wind Blows

The New York State Legislature adopted the entire 1956 program for the aged recommended by the Joint Legislative Committee on Problems of the Aging. Nine bills were passed ranging from a broad mental hygiene program to coordination of the work of 21 colleges in the State University system dealing with the aged. For information write to the understandably jubilant Director, Al Abrams at 94 Broadway, Newburgh, N. Y.

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Phoenix Ariz. Construction on an 18-acre retirement resort development "Desert Crest" is expected to start shortly. Will include accommodations for 250 persons plus an administration building, dining room, recreation lounge, and a medical unit providing nursing care. Project is affiliated with the Board of Hospitals & Homes of the Methodist Church, but open to persons of all faiths. Lifetime leases will be available. For information write George J. Kunze, 515 Goodrich Bldg. Phoenix.

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The National Social Welfare Assembly's Committee on Aging is holding an Architectural Competition in Homes for the Aged in cooperation with Architectural Record and Modern Hospitals to be announced in the May issue of these journals. Specifications include rehabilitation facilities and an infirmary. Three prizes are offered: \$5,000; \$2,500; and \$1,000. Committee address is 345 East 46th Street, New York 17, N. Y.

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San Francisco. The Marina Adult School of the Public School System is expanding its adult counseling services to include specialized help for men and women over 50 who wish to meet in small groups concerned with problems of work and recreation.

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San Francisco's Careers Unlimited, reported in Aging November 1955, is proving successful in its efforts to overcome unwarranted prejudices against employment of women over 40. Averages 50 placements a month.

A P Newsfeatures has launched a 3-times a week column "Security for You" by the veteran newspaperman Ray Henry. Subtitled "Facts on Social Security, Retirement and Pensions", the column will also deal with some of the broader aspects of aging. Is your local newspaper carrying the feature?

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The National Committee of the Emeriti Inc. has set up a roster of retired college professors and administrators "qualified and willing to continue working". An action committee, its aim is "to salvage and utilize, with dignity, the trained and mature abilities of present and future retired academic personnel, in the service of the institutions, the States, and the Nation". The Committee is made up of a number of highly influential persons in university circles. Director is Constantine Panunzio, P. O. Box 24451, Los Angeles 24, Calif.

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New York University's School of Education has established a Retirement Counseling Center as part of its special services to business and industry. Center is currently conducting the University's 3rd annual Retirement Planning Seminar (Feb. 23 to May 3) primarily intended for executives and professional people. It has sponsored an all-university Committee on Problems of the Aging, and it has tentative plans for an institute for industry personnel officers to be held during the latter part of May. For information write to Prof. Alonzo F. Myers, Director of the Center, at New York University, Washington Square, New York 3, N. Y.

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An account of the excellent work of the St. Louis International Ladies' Garment Workers Union is doing with its older members is contained in a supplement to the January issue of Adding Years to Life, Bulletin of the Institute of Gerontology, State University of Iowa, Iowa City. When a worker retires, he may continue to attend union meetings, hold office in allied organizations such as the credit union, and attend gatherings of fellow-retirees. Plans are underway to enlarge services to, and activities for, retired ILGWU members and to work with other union groups in retirement activities.

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A continuing program for retirement preparation begins at the Armco Steel Corporation, Middletown, Ohio 3 months before an employee reaches age 60. Includes financial preparation, planning of retirement activities, physical examinations, and finally consideration as to whether retirement will take place at 65 or be deferred until later. Plan encompasses continuing relationship with employee after retirement.

Recent legislation aimed toward improvement of employment opportunities for older workers: Michigan has authorized the establishment of a division in each employment service office whose sole function shall be to secure suitable employment for persons over 65 years of age. New York appropriated \$50,000 to its labor department to be used solely for employing job counselors and interviewers for persons over 45 years of age. A resolution adopted in Ohio requested the Legislative Service Commission to survey the employment of older workers in that State and devise methods of increasing their employment opportunities. In passing a fair employment practices act this year, Pennsylvania added a ban on discrimination against persons between the ages of 40 and 62.

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The Georgia Gerontological Society is the latest addition to the roster of regional professional organizations in aging. President is Louis Newmar, Exec. Director, Jewish Home, Atlanta. President-elect is Fred Gunter, Hospital Section, Georgia State Health Department. The list of distinguished executive committee members includes Ralph McGill, Editor of the Atlanta Constitution.

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The special housing problems of elderly citizens are discussed in a separate section of Slum Clearance and Urban Renewal, Report No. 1 of the House of Representatives Subcommittee on Housing. Two recommendations, to supplement each other, are made. One would supply long-term loans at a low interest rate to nonprofit organizations. The other would admit single persons 65 and over to low-rent public-housing projects. Report available from the Subcommittee, 406 House Office Bldg., Washington 25, as long as the supply lasts.

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The Department of Social Relations of the Episcopal Diocese of Washington, D. C. has had for several years a full-time group worker developing social clubs for older people in the parishes. Just published is a folder "Super Sixty Clubs" telling how these groups are organized and conducted. Department's address is 1702 Rhode Island Ave., N. W.

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Two courses in Gerontology (Applied and General) are part of the curriculum of the Evening Division of the St. Petersburg (Fla.) Junior College. Courses were devised in consultation with community groups working in the aging field.

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Hartford (Conn) will inaugurate a New Home Care Plan this fall to provide nursing, case-work, homemaker and rehabilitation services for patients suffering from chronic illness who do not need to be hospitalized.

Starting next fall, New York University will offer a graduate-level credit course, "Gerontology: Adult Education for Maturity and Fulfillment". Scheduled for Wednesday evenings 6:15-8:00 PM. For information write John Carr Duff, Chairman, Department of Adult Education, New York University, Washington Square, N. Y. 3, New York.

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Columbus Ohio. The School of Religion of the Council of Churches recently conducted its fourth annual course in "Older Adults in the Church". Sponsored by the United Church Women, it is designated to stimulate individual church programs. 1956 course was devoted to basic techniques in group work, recreation and home visiting.

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Business Week for Feb. 4 devoted several pages to an analysis of the market presented by our 65 plus population. Indicates a surprising number of department stores and retailers are becoming conscious of its potentialities.

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Muncie, Indiana. Ball State Teachers College recently held an all-day workshop on aging--a symposium and 6 discussion groups. Speakers included Wilma Donahue, Howard McClusky, Nila K. Covalt, George Davis and Maurice Linden.

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More than 12,000 persons attended the Fifth Annual U A W-AFL-CIO Retired Workers Holiday Party held at the Michigan State Coliseum in the Detroit Area. Program included dinner, addresses by labor leaders and Government representatives, Community singing, vaudeville acts, and the awarding of prizes.

Books, Pamphlets And Reports

A Study of Selected Home Care Programs. Public Health Mono. No. 35, Public Health Service, Dept. of Health, Education, and Welfare. Washington: U. S. Govt. Printing Office, 1955. Pp. viii - 128. 65 cents. Medical care to people in their own homes on an extended and coordinated service basis is developing rapidly. This study of 11 programs will be useful to others who may wish to consider such a program. It deals with organization, administration, source of funds and costs, services rendered by source, case load and characteristics, and other related matters. Study director was Alice M. Waterhouse, M.D., working under direction of The Public Health Service and The Commission on Chronic Illness.

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How to create good will and raise funds for homes for the aged is the subject of Telling the Presbyterian Home Story in Words and

Pictures. Lively account of techniques and materials setting forth methods of establishing good public relations through the use of popular printed matter and films which tellingly interpret the services in the homes and draw attention to the way in which the homes are meeting needs. Available free from the Rev. Wm. T. Swaim, Jr., Executive Secretary, Presbyterian Homes of Central Pennsylvania, Dillsburg, Penna.

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An Analysis of Patterns for Group Living is an excellent paper on housing containing, among other things, many new ideas on old age homes. Author is Robert W. Kleemeier, Director of the Moosehaven Research Laboratory, Orange Park, Florida. The paper will be published in Vol 6 of the University of Florida Institute of Gerontology. In the meantime, a limited number of mimeographed copies are available through the Committee on Aging, D/HEW, Washington 25, D. C.

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Community Organization--Theory and Principles by Murray G. Ross, the newest publication in Harper's social science series, contains useful clues for community planning, organization, and services. 239 Pp. \$3.00.

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Old People in a Modern Australian Community, By Bertram Hutchinson. (Melbourne University Press, Australia), 1954. Available from Cambridge University Press, 32 East 57th St., New York 22. Pp. xii - 180. \$4.75. Aging tardily catches up with this excellent study covering the Melbourne area. Data on the characteristics of older people are presented within a sociological framework which describes the factors underlying the unfavorable position of old people in modern society. While the study covers a community at the antipodes, the theoretical statement, results, and recommendations are valid for most any American community. Hence, many will find it useful.

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Two useful tools in arts and crafts have been issued by Philosophical Library, 1540 E. 40 St., New York 16. Dictionary of Arts and Crafts is a comprehensive compilation of terms in the broad field with a section on tools and their uses (PP. 259). A Short Dictionary of Weaving includes a beginner's guide to dyeing and weaving. (PP. 196). Published in 1956, each \$6.00.

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Older People in the Detroit Area and the Retirement Age by Catherine Varchaver, Wm. B. Erdmans Publishing Co., Grand Rapids Mich. Pp. 43, \$1.00. Presents a wealth of factual information about a cross-section of persons 65 and older most of whom are retired.

Winnetka, Ill. The North Shore Committee on the Older Adult has issued the report of its first conference held last December. Includes full panel discussion statements covering the major areas of need and summaries of the discussion group reports. Good provocative reading. Copies at 50 cents a piece may be had from the Committee at the Winnetka Community, Winnetka, Illinois.

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Highlights of the 6th Annual Southern Conference on Gerontology held at the University of Florida last January contains good substantial summaries of some of the talks made during the 2-day session. Copies may still be available if you write Prof. Irving Webber at the University, Gainesville, Fla.

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Age and Opportunity. The Welfare Council of Greater Winnipeg, 406 Main St., Winnipeg. 1956. Pp. vi - 66. This is a definitive and attractively presented report of the circumstances of older people in the community together with practical and well-considered recommendations. Director of the study was Harald H. Lund, Associate was Jacob Fisher. A note in the report says the first copy is complimentary, additional copies at one dollar.

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What Place Have the Elderly Blind in their Local Community Programs? states vigorously the importance of this somewhat neglected area of the aging field. If you'd like a copy write to Mrs. Laura E. Carson, 629 Commonwealth Avenue, Boston 15, Mass.

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The April issue of Geriatrics is devoted exclusively to the papers presented at the Second Annual Symposium on "Constructive Medicine in Aging" held last January under the sponsorship of the Wm. S. Merrell Company. Contributors include many noted psychiatrists and medical research people. Single copies 85 cents. Address, 84 South Tenth St., Minneapolis 3, Minn.

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Personal Memorandum--the Untapped Pool of Labor. An excellent 12 page pamphlet, addressed to employers, which sets forth succinctly the advantages of hiring older workers. For a free copy write Prentice-Hall, Inc., 70 Fifth Avenue, New York 11, N. Y.

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Growing Old Gracefully. 26 pp. For copies of this attractively illustrated give-away pamphlet write to the Health Education Service of the John Hancock Mutual Life Insurance Co., Boston, Mass. Simple, well written presentation without any advertising.

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Virginia's Department of Welfare and Institutions has issued a Directory of Homes for the Aged, Nursing Homes, and Mental Hygiene Facilities.

If you do not desire to continue receiving this publication, please CHECK HERE ☐ tear off this label and return it to the above address. Your name will then be promptly removed from the appropriate mailing list.

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Problems of Older Persons is an illuminating study of the chief expressed and recorded problems of males over 45 who applied for job counseling (and jobs) to the National Employment Service of the Toronto Unemployment Insurance Commission. A copy (mimeographed) may be had by writing to the N.E.S., 25 St. Clair Avenue East, Toronto, Ontario, Canada.

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Guidebook for Organization and Management of Nursing Homes and Homes for Aging. Pp. 66. Available from Kansas State Department of Social Welfare, 801 Harrison St., Topeka. Comprehensive and helpful manual on how to carry out day by day responsibilities in the operation of a home for older people.

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Warnings on sources of lead poisoning and what to do about it are set forth in How To Prevent Lead Poisoning in the Home. Although not developed especially for older persons it should prove useful to persons redecorating their homes or making furniture and toys for children. Prepared by the Public Health Service, Food and Drug Administration, and the Children's Bureau of the U. S. Department of Health, Education, and Welfare it is issued free as a public service by the National Paint, Varnish, and Lacquer Association, Inc., 1500 Rhode Island Ave., N. W. Washington 5.

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Our City and its Older Citizens is an imaginatively constructed guide to services and facilities in Summit, New Jersey. Compiled and published by SAGE (Summit Association for Gerontological Endeavor) 193 Morris Ave. Mrs. Edward Higgins is Executive Secretary.

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Footprints on the Sands of Time, minutes of the Poetry Club of Philadelphia Center For Older People, is a unique compilation of the members' activities at meetings over a period

of two years. Should prove useful to older adult groups. Copies available from the Center, 921 North 6th St., Philadelphia, Pa. for 50 cents.

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Government Payments to the Aged or for their Public Care in The State of New York, by Sidney G. Tickton. Albany: The Executive Chamber, State of New York, 1956. Pp. viii-87. Review of income from publicly-operated trust funds and public payments for care from 1885 to 1955 with projections to 1965. Despite recognized shortcomings of the data, the report provides a sound and useful guide to the Executive and the Legislature for planning over the next decade. Total payments from the sources examined may reach 3 percent of personal income in the State (2.35 percent now) by 1965. Study was done by The Seventh Company, Inc. at request of Philip M. Kaiser, Special Assistant (for aging) to the Governor.

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A new Directory of Member Organizations has been issued by the National Health Council, 1790 Broadway, New York 19. Single copy, 75 cents. Describes programs, services, publications of 50 national groups in health field.

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Two directories, recently published by Louisville's Health and Welfare Council, contain helpful information on nursing homes and community counseling services available to older people. Council's address is: 424 W. Jefferson St., Louisville 2, Ky.

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Utopia 1976 by Morris L. Ernst. Pp. 305. Rinehart. \$3.50. A noted New York author and lawyer sets forth his conviction that further technical progress and the accompanying increase in leisure time puts Utopia right around the corner. Among other things, summary of the amount of money now spent annually on leisure time activities is an eye-opener.

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